

Bal Sahyog

CONNAUGHT PLACE, NEW DELHI, INDIA

Annual Report 2018 - 2019



With 'n' By Children



64 years of journey and miles to go...

HOW CAN YOU SUPPORT THE CHILDREN?

Bal Sahyog works for the rights and dignity of vulnerable, orphan, street and underprivileged children in need of care and protection. It envisages developing their full potential in an atmosphere of love, participation and joyful learning. You can be part of this crusade and contribute for the cause in the following ways:

- ▶ Sponsor a special lunch/dinner for 125 children by making a donation of Rs. 12,000/-
- ▶ Sponsor a breakfast or evening snacks for 125 children by making a donation of Rs. 6000/-
- ▶ Sponsor an outing for 40 children of your choice for a day by paying Rs. 8000/- or arrange bus for their transportation.
- ▶ Sponsor an outing for 125 children of your choice for one day by paying Rs. 20,000/- or arranging for the travel of all children.
- ▶ Share your moments of happiness by celebrating birthday or anniversary or festival or any other event.
- ▶ Sponsor a child for one year (including food, shelter, clothing, health, education, games and outings, etc.) by paying Rs. 96000/- per year. (Payment can be made @ Rs. 8000/- per month).
- ▶ Donation in cash or kind towards infrastructure maintenance and development such as kitchen, toilets, dorms, cooler, refrigerator, fan, water heater, equipment and playground, etc.
- ▶ Donation in cash or kind for specific purpose like blanket, warm cloths, bed cushion, bed sheets, pillow, play materials, children clothes, sleepers, shoes, socks, lock and key, etc.
- ▶ Volunteering with Bal Sahyog in different ways.

You can donate either in cash or through Cheque/Bank Demand Draft drawn in favour of Bal Sahyog or through Net Banking /NEFT/RTGS. The details of our bank accounts are as under:

Kotak Mahindra Bank, G-39, Connaught Place, New Delhi-110001. Savings bank account no: 7411745018, IFS Code: KKBK0000214, MICR : 110485045, PAN : AAATB0522A.

Donations in cash up to Rs. 2000/- and all donations made through Cheques, Demand Drafts, RTGS/NEFT, Or Net Banking are exempted under 80G of the Income Tax Act of 1961. Donations made in cash exceeding Rs. 2,000/- will not be allowed as deduction u/s 80G of I.T. Act.

For donations by Foreigners and NRIs, Please contact, Executive Director (011-23411273/995) / Mr. Bansi Lal Meena, Superintendent (+91-8287490334) Bal Sahyog, Opp. L Block, Connaught Place, New Delhi-110001, Ph: 011-23411273/995. Email: balsahyog@balsahyog.org.in Website: www.balsahyog.org.in.

MESSAGE FROM CHAIRPERSON



Bal Sahyog has entered its 65th year with all the children learning, painting, playing sports and acquiring new skills both traditional and technological so that they can be placed in institutions of higher learning and in jobs. As you read through the Annual Report 2018-2019 you will see the achievement of vocational training in slum centers, little children in balwadis who are given nutritional support and women who are taught skills in the beauty parlors, tailoring cutting and computer learning. In addition to all this Bal Sahyog conducts special remedial lessons for children in order to help them at the high school level to obtain good marks and qualify for admission to college or to a decent job.

Our children come from diverse backgrounds and need special care, love and attention. Our counselors, house parents, teachers, social workers and other staff try hard to support the children through their early years so that Bal Sahyog feels like a True Home. We encourage community members to come and celebrate special occasions with our children and participate in the celebrations at Holi & Diwali. We would be grateful for the feedback and for all donations as well as time donated to help our children.

Our thanks for all the support of our donors, staff efforts and the Government for the financial contribution to our Boy's Home and Open Shelter.

A handwritten signature in cursive script that reads "Reva Nayyar".

Reva Nayyar
(Chairperson)

FROM THE DESK OF EXECUTIVE DIRECTOR

In order to build a sound perspective and vision of the children and develop a scientific outlook, Bal Sahyog has been arranging exposure visits for children every week preferably on Saturday's to all important places including Parks, Historical Monuments, National Museums, Science Museums, and Places of General Interests. This year 27 such exposure visits were organized. Regular opportunities to foster creativity among children were provided by organizing drawing, painting, singing, dancing, gardening, debates and sports competitions throughout the year. Similarly different festivals of all religions were celebrated in which all the children participate. All National and important International days are also celebrated in the Children's Home. All these activities were continued during the year. Birthdays of all the children were celebrated during the year and they were gifted T- shirts, toys, and other attractive materials on the said occasions. Activities of Bal Sahyog are not possible without the generous support and guidance of our Individual Donors, Civil Society Organizations, CSR initiatives of Companies and Public Sector, Department of WCD, Delhi Government and above all the support and encouragement from the office of the Prime Minister of India. I wish to extend my sincere thanks to all our funding partners, State Child Protection Society, Department of Women and Child Development, Govt. of Delhi, ESSEL Foundation, Tech Mahindra and a large number of individual donors who have made significant contributions to Bal Sahyog. I also wish to express my gratitude to all the Corporates and NGOs who have regularly supported us by sponsoring and conducting activities, health camps, coaching classes, competitions and programmes with children. I would also take this opportunity to express my sincere thanks to all Members of the General Committee and the Executive Committee for their enthusiastic support, backing and guidance. I would like to specially thank Smt. Reva Nayyar, Chairperson whose immense commitment and very close involvement and supervision of all the activities of Bal Sahyog have been responsible for the progress and success of the organization. Finally, no organization can succeed unless and until the team responsible for running its day to day activities is committed and sincere to their work. I therefore will like to acknowledge and thank all the team members of Bal Sahyog for their commitment, involvement and contribution for translating organization's mission into action.

Siddharth Kashyap

(Executive Director)

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CHAPTER 1 : Introduction

Bal Sahyog was founded as a pious endeavor by the Prime Minister of India, Smt. Indira Gandhi in 1954 for Care and Protection of the helpless, orphan, abandoned, runaways and vulnerable children and the children rescued from child labour. Bal Sahyog provides round the clock services of shelter, nutrition, medical care, clothing, education, vocational training, recreational and overall amenities to more than 125 children within its Children's Home. Hon'able Prime Minister of India is the Ex-Officio Patron of Bal Sahyog.

In its endeavor to holistic development of children in need and collective action, Bal Sahyog has been networking and collaborating with different Child Care Institutions, Government Institutions, Law Enforcement Agencies, Donor Agencies, Non-Government Organizations, Civil Society Organizations, Opinion Makers and Individuals for the same. It is located in the area of 1.67 acres in Connaught Place, New Delhi. It has also established Bal Sahyog Middle School within its campus aided by Govt. of NCT of Delhi.

Bal Sahyog has a well-defined financial policy, child protection policy, HR Policy and its accounts are audited by a reputed audit firm. Bal Sahyog works only in the NCT of Delhi.

OUR VISION

To actualize the birth right of every child to a safe and secure childhood so that s/he can develop intellectual, practical and spiritual capabilities to live a meaningful adult life and contribute in the nation building.

OUR MISSION

To provide opportunities that help economically and socially marginalized children to develop their full potential in an atmosphere of love, understanding and joyful learning.

GOVERNANCE

Bal Sahyog is governed by a General Committee of 25-30 members nominated by the Prime Minister Office. These members are eminent people from different fields including current and retired bureaucrats, academicians, and social workers.

Mrs. Reva Nayyar retired IAS, (Former Secretary to Government of India, Ministry of Women & Child Development) is the Chairperson of the General Committee. The General Committee being the governing body decides overall policy of the organization.

For day to day function and implementing the policies of the General Committee, an Executive Committee is constituted. The Executive Committee is headed by the Chairperson of the General Committee. It has four members elected/selected by the General Committee and an Executive Director who also acts as the Ex-officio Member-Secretary of the General Committee and the Executive Committee.

REGISTRATION STATUS

Bal Sahyog is a Society registered under Society Registration Act of 1860. It is also registered under Foreign Contribution (Regulation) Act; Section 80G of Income Tax Act besides having license for running a Children's Home for 100 children and Open Shelter for 25 children.

FINANCIAL ASSISTANCE

Bal Sahyog is financially supported by the grants received from Government of NCT of Delhi, Tech Mahindra Foundation, ESSEL Foundation as well as by a number of individuals and corporate donors to support various welfare activities undertaken by it for under privileged children, women and youth. Besides a number of individual, groups, institutions and NGOs donate materials in kind like play materials, dresses, shoes, ration, etc. for children,

also participate in fun activities, creative programmes, and celebrate important occasions and sponsor lunches and dinners for children. Some patrons sponsor exposure visits for children to historical places, gardens and parks in Delhi.

ACCREDITED CENTRE OF NIOS

Bal Sahyog is an accredited centre of National Institute of Open Schooling to provide vocational training to the students of age group 17 to 25 years in the areas of Housekeeping, Early Childhood Education, Library Science, Beauty Culture, Cutting and Tailoring, and Computer Application, etc. During the year, 166 students were provided the training.

Bal Sahyog has also expanded its horizon through cooperation, networking and advocacy with other similar organizations and institutions for the education of children, creative activities as well as livelihood training and employment for young adults.

OPERATIONAL AREA

The Children's Home is located in Central Delhi (that also houses its head office) at Connaught Place and its outreach programmes are organized in Central Delhi including the areas of New Delhi Railway Station, Bengali Market, Hanuman Mandir, Paharganj, Shankar Market and Bangla Sahib Gurudwara, etc.

It has been making constant efforts to strengthen its institutional approach to reach out to the community so that prevention and sustainable assistance for growth & development of children could be made through community awareness. Bal Sahyog has 9 ongoing community development projects (Community Contact Centers) located in different slums of Delhi, such as, Wazirpur, Rithala & Naharpur in North-West, Delhi, Kotla and Ashram in South Delhi, Karol Bagh and Paharganj in Central Delhi, Dallupura in East Delhi and Inderpuri in West Delhi.



Map of Delhi indicating location of Head office and area of operation of Bal Sahyog.

COVERAGE OF CHILDREN AND YOUTH

Bal Sahyog runs one Shelter Home (100 children) and one Open Shelter (25 children) for orphan, abandoned and underprivileged children in its main complex. During 2018-19, it provided the facility of Shelter Home and Open Shelter to 157 and 436 children respectively, and assisted 593 vulnerable children.

During the year, 464 new children (of both Shelter Home and Open Shelter) were enrolled, 477 were restored to their families or transferred to other Institutions. Children of Bal Sahyog Home secured 56.5% result on an average in class X and class XII CBSE Board examinations and 03 children got admission in College of Vocational Studies, Delhi University on merit basis.

Bal Sahyog has been conducting Vocational Training in Beauty Culture, Computer Literacy and Cutting &

Tailoring for above 18 years of age, whereas early childhood education for children between 3-6 years of age group and remedial education to school dropouts and newly enrolled children between 8-14 years of age group. It runs these programmes in above mentioned slums of Delhi and its Head Office Complex at Connaught Place in New Delhi. During the year, Bal Sahyog provided vocational training to 1611 persons and out of them 538 trainees are now either self-employed or placed in jobs excluding those admitted to NIOS for advanced training. It facilitated 166 trainees to complete successfully their advance training courses through NIOS.

Bal Sahyog has established itself as a leading Vocational and Employability training organization. 341 out of 357 enrolled in Balwadis got admission in formal schools through its community outreach programme in 9 slums of Delhi.



Mrs. Reva Nayyar, Chairperson and Mr. Siddharth Kashyap, Executive Director, Bal Sahyog giving award and medal to the children who scored highest marks.

CHAPTER 2 : BAL SAHYOG CHILDREN'S HOME: SHELTER HOME & OPEN SHELTER

Bal Sahyog runs a Children's Home for about 125 children consisting of a Shelter Home for 100 children and an Open Shelter for 25 children. It also runs one Middle School for providing education to children of the Children's Home and immediate neighborhood for class VI, VII and VIII. An eight bedded dispensary for taking care of the health needs, a well-furnished modular kitchen, big dining hall and sufficient space for recreation and sports, etc. have been provided in its campus at Connaught Place for the children of the home.

SHELTER HOME

Bal Sahyog is providing residential facilities including shelter, nutrition, health care, education, recreation facilities and opportunities for sports, games and creativity to 125 children in its complex. It is licensed to run one Shelter Home for 100 children with sufficient space for accommodation (40sq.ft. per child) as per the standard prescribed under Juvenile Justice (Care & Protection of Children) Act. The Shelter Home is partially supported by the Department of Women and Child Development, Govt. of Delhi under Integrated Child Protection Scheme of Govt. of India. About

60% of the Expenditure on children in Shelter Home was met from the grants received from the Govt. of Delhi and rest was met by the Bal Sahyog from its own resources and donations from the individuals.

The Shelter Home is managed by a well-trained Superintendent, Four House Parents, One NFE/Remedial Educator, One Staff Nurse, One Social Welfare Officer, Two Child Welfare Officer and Two Counselors. It has also employed Five Cooking Staff, Four Cleaning Staff and Five Security Guards looking after the children



House Parents sharing moments of joy with the children of Bal Sahyog.

These personnel take care of various needs of the children and offer counseling services, maintain case history, produce them before the Child Welfare Committee (CWC) and deliver after-care for the children as per the instructions of the CWC. They also prepare the children for admissions in

formal schools, provide them special tuitions and accompany them to their schools. All children who are enrolled in Home or Open Shelter are enrolled either in NFE, Primary, Middle or High School. The following table gives the number of children in Shelter Home during 2018-19:

Table 1: Number of children in the Shelter Home during 2018-19

Status of children	April 2018	May 2018	June 2018	July 2018	Aug 2018	Sep 2018	Oct 2018	Nov 2018	Dec 2018	Jan 2019	Feb 2019	Mar 2019
Total number of children as on first day of the month	105	98	83	72	74	76	75	76	73	74	81	83
New children admitted / enrolled in the month	2	1	3	8	5	4	9	0	4	8	4	4
Number of children restored and transferred	9	15	13	3	3	3	6	3	2	1	2	2
Number of children found missing or run away.	0	1	1	3	0	2	2	0	1	0	0	3
Total number of children as on last day of the month	98	83	72	74	76	75	76	73	74	81	83	82

Table 2: Consolidated figure of coverage of children in the Shelter Home during 2018-19.

Total no of children covered	No of new children admitted / enrolled	Number of children found missing or run away.	Children restored and transferred	Monthly Average of number of children staying
157	52	13	62	79

During the year 2018-19, the Children's Home housed 157 children in 12 months, out of which 62 were either restored to their families or transferred to other homes. 52 new children were admitted in the Shelter Home on the recommendations of the Child Welfare Committee during the year and the average number of children in a month staying in the Shelter Home was 79.

OPEN SHELTER

Bal Sahyog runs an Open Shelter providing residential facilities to 25 children who are in need of care and protection. It has carved out separate space consisting of 2 dormitories, one entertainment-cum-activity room and one big verandah (roof covered by sheet) for the children under Open Shelter in its campus. The children in need of care and protection are provided with health care, counseling support and opportunity for residential stay for a short time here. Then, these children are produced before the Child Welfare Committee (CWC) which decides the future course of action keeping the best interest of the child on its priority.

The Open Shelter is managed by Two Bridge Educators, Two Outreach Workers, One Night-Caretaker, One Social Worker and One Coordinator. These personnel do outreach work, take care of the

children, provide health checkup, maintain case history, offer counseling services, produce them before the Child Welfare Committee (CWC) and deliver aftercare to a child as per the instructions of the CWC. The Bridge Educators and Outreach Workers also prepare the children for admission in formal schools and accompany them to their schools for those who have been enrolled.



Inside view of Dormitory of Open Shelter in Bal Sahyog.

Table 3: Coverage of children in the Open Shelter during 2018 -19.

Status of children	April 2018	May 2018	June 2018	July 2018	Aug 2018	Sept 2018	Oct 2018	Nov 2018	Dec 2018	Jan 2019	Feb 2019	Mar 2019	Total
Total number of children as on first day of the month	24	19	22	20	31	29	24	19	24	24	17	20	273
New children admitted / enrolled in the month	12	27	45	94	33	9	17	24	35	39	55	22	412
Number of children restored and transferred	17	24	47	83	35	14	22	19	35	46	52	21	415
Total number of children as on last day of the month.	19	22	20	31	29	24	19	24	24	17	20	21	270

EDUCATION

Bal Sahyog believes that proper provisions of education, nutrition, health care, and opportunity for creativity are the four primary pillars of success for holistic development of the children. As soon as a child arrives in Bal Sahyog Children's Home, he is provided with health checkup and psychological/emotional support as the first priority followed by the proper nutrition and then a plan for

education and rehabilitation is chalked out. In the beginning, the child is provided education in NFE center and then, as per his age and aptitude, he is admitted to the formal school.

Enrolment, retention and progress of Children from Bal Sahyog Children's Home into different Govt. Primary, Middle and Higher Secondary Schools, during the academic year 2018-19 are given in table below.

Table 4: Number of admissions, retention and promotion of children from Children's Home.

Names of the Schools/Specification of item	N F E and Remedial Education	Nagar Nigam Vidyalaya	Deen Dayal Primary School for Handicapped	Bal Sahyog Middle School	Govt. Boys Senior Secondary School, Mata Sundari, New Delhi.
Standard covered	I to VIII	I to V	I to V	VI to VIII	IX to XII.
No of children enrolled during the year 18-19.	300	17	10	129	47
No of children retained & promoted to next higher class.	0	19	12	58	28

NON FORMAL EDUCATION (NFE)

The children brought to the Bal Sahyog Shelter Home/Open Shelter are provided education in a non-formal way along with counseling and other basic needs like health checkup, food, shelter, clothing etc. The Non Formal Education (NFE) center established in Bal Sahyog is managed by Two Bridge Educators and One NFE Teacher. The children are provided with condensed course in the NFE Centre as most of the children who are referred to Bal Sahyog are above the age of 7 years and are either school drop-outs or have never been to school before coming to the Home. The NFE Centre also acts as the Remedial Centre to take care of the child education after they are enrolled in Primary or Middle Schools. The Teachers do the work of hand holding in helping the children for completion of their school homework, provide them additional academic inputs and help them in creative activities, drawing, painting, etc. During the year 2018-19, out of 464 new children brought to Shelter Home and Open Shelter of Bal Sahyog, 300 children were admitted to Non Formal Education classes and

activities, drawing, painting, etc. During the year 2018-19, out of 464 new children brought to Shelter Home and Open Shelter of Bal Sahyog, 300 children were admitted to Non Formal Education classes and have studied there for at least 15 days or above before being admitted to a formal school. The syllabus of NFE and system of imparting education is designed to attract the newly admitted children and enables them to catch up and get admission to regular school. Some children stayed in the Shelter Home for a very short duration and were either restored with their families or sent to some other Child Care Institutions.



Again, 29 children were admitted to Vocational Training Centre of Ministry of Small and Medium Enterprises (MSME), out of which 09 were admitted in trades of Cutting and Tailoring, 10 in Carpentry and 10 in book binding

PRIMARY SCHOOLING

During the academic year 2018-19, 27 children of Bal Sahyog studied in Govt. Primary Schools including Deen Dayal Primary School for Handicapped and Nagar Nigam Vidyalaya (Primary School). The children are accompanied by their House Parents or the Caretaker every day. The House Parents and the Caretaker have regular meetings with their teachers and keep track of the progress of the children.

BAL SAHYOG MIDDLE SCHOOL

Since 1987, Bal Sahyog has been providing education from class VI to VIII to the children in the age group of 10 to 14 years in its campus. The Directorate of Education, Government of NCT of Delhi has recognized the school and provides financial assistance. Preference is given to admit those children who are living in the Shelter Home/Open Shelter and in the immediate neighborhood.

A total of 129 children were enrolled in the Middle School during 2018-19, of which 72 children were from Bal Sahyog Shelter Home/Open Shelter and the rest are day scholars from the immediate neighborhood. The school has the facilities of Interactive Teaching, Learning, Smart Boards, Science Laboratory, Computer Centre and Library. The School runs from 7:30 am in the morning to 1:30 pm in the afternoon.

The middle school has a total of 8 sanctioned posts of teachers (7 teachers and one Head of the School). The school has been providing quality education to the children of Bal Sahyog.



SCHOOLING AT SECONDARY AND SENIOR SECONDARY LEVEL

There were 47 children enrolled for studies in Mata Sundari Govt. Boys Senior Secondary School in class IX to XII from Bal Sahyog Children's Home. All the children were retained in the said school throughout the academic session. The children were provided personal coaching by our tutors, individual volunteers as well as volunteers from MAD(Make A Difference).



Children of Senior Secondary School.

SCHOLARSHIP TO STUDENTS

In order to encourage the children for good and higher education, Bal Sahyog provides scholarship of Rs. 500/- per child per month for the year to children who score more than 75% marks in their class or board examination

Further, Bal Sahyog provided scholarship to the student who performed well in art and painting. In total it provided scholarship to the following 3 children during the year 2018-19.

- Amirul (Class X)
- Sheetal (Class IX)
- Chandan (Class X)

The scholarship money has been deposited in the bank accounts of the individual child as per as per resolution of the Executive Committee.

HEALTH CARE

Bal Sahyog offers highest priority to health care of all individual children and manages a well-equipped dispensary with two part time doctors (Dr. Usha Rawat and Dr. Mehtab Alam), one full time nurse and 8 beds for in-house treatment of children. The dispensary has all the essential medicines and equipment. First Aid boxes are provided to different units of Bal Sahyog and all the Community Contact Centers. Bal Sahyog has established good linkage with nearby Hospitals such as MCD Government Hospitals, RML Hospital and Kalawati Hospital and takes the referral cases here. Table 6 gives a presentation of monthly coverage of children by our internal 2 doctors and nurse.



Table 5: Monthly coverage of children in Bal Sahyog Dispensary and Private/Govt. Hospitals

No. of children covered under medical treatment and regular health checkup (monthly cumulative figure)				Types of diseases found and treated including referral cases and diagnosis made by visiting doctors during health camps.
	By Nurse in Dispensary	By consulting Doctors	Total children	
April	22	08	30	Viral fever
May	32	10	42	Sprain and Body Injury during play
June	28	09	37	Dental problem
July	18	12	30	Upper Respiratory tract Infection
August	10	08	18	Skin problem
September	27	11	38	Eye lice
October	21	07	28	Ear problem
November	25	07	32	T.B
December	29	10	39	Bone Problem
January	25	14	39	
February	23	21	44	
March	22	28	50	



Children in the dispensary getting care and treatment by the nurse of Bal Sahyog.

As shown above, the children from Bal Sahyog are provided with regular health checkups. Most of the children who come to Bal Sahyog are street children, orphan, underprivileged, vulnerable and have poor health. They are provided with supplementary diet, tonics and vitamins to improve their health. There has been no serious disease noticed among any child this year due to good health services and vigilant efforts of the team managing the home.

Bal Sahyog provides medicines, medical checkups at government or private hospitals if required and other support including the cost of medical tests, artificial limb transplantation, etc. Bal Sahyog has established good linkage with multi Facility Hospitals, Government Hospitals and conducts regular general health, dental and eyes checkups. Below are the photographs showing health Checkup of children by medical professionals from different hospitals.

Table 6: Health Checkup Camps organized by hospitals/institutions for children from Bal Sahyog.

Sl.	Date	Type of Camp	Organized by	Total Children covered
1	29/10/2018	Dental	Clove	70
2	09/11/2018	Eye-Checkup	Advocate Sunil Goyal	27
3	24/01/2019	H.B	NDMC	106

Housing, Education, Food and Nutrition

Bal Sahyog provides safe and secured accommodation with sufficient space and infrastructure to all its inmates. There are five dormitories of size 25.6' x 31.3' (Plinth area 801 sq. ft.) each for providing accommodation to 20 children in one dormitory. The five dormitories cover 100 children in Shelter Home. Further, there are 2 dormitories of 780 sq. ft. plinth area and one partially covered dormitory cum activity room of plinth area 414 sq. ft. (making total plinth area 1194 sq. ft.) for accommodating 25 children in Open Shelter of Bal Sahyog. Bal Sahyog has ensured that the average space provided for children in the dormitory is not less than 40 sq. ft. The children are placed in these dormitories based on set criteria of age, back ground of the child, class in which they are studying and psycho social reports by the counselor.

A team of Four House Parents, Two Counselors and One Superintendent finalize the placement of the children in different dormitories. Each child is been allotted with a bunker bed having a capacity for 2 children, good quality cushions, bed sheets and pillow with covers.

Each of the dormitories is fitted with 4 tube lights, 4 fans, one exhaust fan, one water cooler and 10 big cup boards of 6 feet height having two boxes in each with separate locking system 2 racks, etc. Children operate these cupboards for keeping their clothing, toys, play materials, books and other valuables, etc. Each of the inmates has been provided with separate lock and key for operating it independently.

There is one House Parent (including Superintendent) appointed for each dormitory housing 20-22 children in Shelter Home. The Outreach/Social Worker does the work of House Parent in Open Shelter. The House Parents also acts

as the in charge of all children residing in one dormitory and spend time with them to share their moments of joy and distress. They play the role of their parents, counsel them from time to time and keep track of their growth and progress. There is a big open court yard in front of the dormitories where the children interact socially, play some games and do warm up exercises.



Inside view of Dormitory of Shelter Home.

Bal Sahyog believes that adequate and balanced nutrition is one of the most important requirements for optimal growth and development of the children. Bal Sahyog has been providing adequate nutrition such as daily milk with vitamin enriched soya bean powder, chyavanprash, seasonal fruits, and prescribed vitamins and tonics to each child for his complete mental and physical development. Special breakfasts, lunches and dinners are organized 12 to 15 times in a month on an average. Bal Sahyog receives grants from Integrated Child Protection Scheme of Govt. of India. This financial support has provided additional nutrition for the children and has empowered the children with good health and sound mind.

Bal Sahyog has a well-equipped modular kitchen with modern devices and technology such as multipurpose gas oven, modular chimney, large storage system and fridges, flour kneading machines, wet grinding machines, automatic chappati making machine. The motive behind modernization and renovation of the kitchen is to provide safe and hygienic food to the children. Hot cooked meals are provided to children as per

comprehensive menu for each day ensuring adequate and appropriate nutrition contents. Five cooks are engaged to prepare delicious and nutritious food for children. Cooks are expert in preparing varieties of dishes as per the taste of children ensuring essential nutrients in it. The kitchen is always maintained neat and clean and no one is allowed to enter the kitchen without permission from the Superintendent and the Executive Director. Regular health checkups of all the kitchen staff is conducted to ensure disease free environment.



Cooks preparing food for children inside the modular kitchen of Bal Sahyog.

OUTDOOR GAMES AND INDOOR GAMES

Bal Sahyog believes that sports and cultural activities are the back bone of growth of personality and character. It has a big play ground including separate space for Football, Volley ball, Kabaddi and Badminton. Children get all the opportunities to practice their skills inside the premises.

Further, the children from Bal Sahyog have taken part in Athletics like Kabaddi, High Jump, Long Jump, Race and have also bagged prizes as well.

Apart from outdoor games children are provided opportunities and supporting materials to practice indoor games like chess, ludo, snake and ladder, dance and yoga etc.



Bal Sahyog children playing Basketball within the campus of Bal Sahyog.

CREATIVITY AND EXPOSURE VISITS

Bal Sahyog believes that fostering of creativity among children is essential to bring out the hidden potential in them. Regular opportunities have been provided to the children to engage in creative activities like drawing, painting, gardening, sports, cleanliness drive, music, dance, debate, etc. Bal Sahyog has encouraged individual volunteers, corporate and donors to engage in such activities with children. It has also organized competitions that have helped building creativity among children.



Children participating in a painting competition organised by Deloitte, India-USA.

In order to build a sound perspective and vision of the children and to develop a scientific outlook, Bal Sahyog has been arranging exposure visits for children every week preferably on Saturday's to all important places including parks, historical monuments, national museum, science museum, and places of general interest. These visits enrich the knowledge and understanding of different scientific and historical places and help to develop strong vision for healthy and prosperous childhood. Bal Sahyog has a bus having a capacity for 40 children that is used for transportation of children for these exposure visits. Many a times individual or corporate also contribute and support for the exposure visits of these children. In the year total 27 exposure visits were organized for the children.



Table 7 : Table showing Exposure Visits.

S. No.	Date of visit	Place of visit	No. of children
1	07-04-2018	Kalam Memorial	26
2	05-05-2018	India Gate	20
3	12-05-2018	Vadhera Art gallery	25
4	07-07-2018	National Gandhi museum	26

5	28-07-2018	Hauz khas village	22
6	03-08-2018	Old age Home	10
7	04-08-2018	Abdul Kalam Museum	30
8	11-08-2018	Children Park	25
9	18-08-2018	Akshardham	20
10	07-09-2018	Old age home	10
11	08-09-2018	Air force Museum	34
12	15-09-2018	Birla Mandir	30
13	05.10.2018	Old Age Home	11
14	12.10.2018	Black Rock Office	22
15	14.10.2018	National Gandhi Museum	20
16	17.11.2018	Science Museum	11
17	24.11.2018	DPS School	25
18	01.12.2018	Children's Park	27
19	12.12.2018	Sangrila Hotel	10
20	25.12.2018	Baharti Public School	34
21	18.12.2018	Children's Park	36
22	05.01.2019	Sangrila Hotel	15
23	12.01.2019	Children's Park	28
24	19.01.2019	Gandhi Mesuem	30
25	24.01.2019	India Gate, Children's Park	25
26	08.02.2019	Mugal Garden	30
27	09.02.2019	Mugal Garden	25

SPECIAL LUNCHES, DINNER AND BREAKFAST TO CHILDREN

Special breakfasts, lunches and dinners to children with sponsorship from individuals and corporate donors are a regular feature of Bal Sahyog. During the year, 46 special breakfasts and 119 special lunches/dinners were provided. Apart from this, more than 97 individual donors visited Bal Sahyog and provided evening snacks to children and carried out some special activities like painting, dancing & other fun activities creating special joyful moments for children. Such activities not only provide healthy and nutritious food to children but also ensure their mental & physical growth through social interaction amongst themselves and outsiders who sponsor these activities.

Special food	Number
Lunch	99
Dinner	20
Morning Breakfast	46

Birthday celebrations

On the 3rd day of every month, birthdays of all children falling in that month is celebrated in Children's Home. Birthdays of 97 children were celebrated during the year and they were provided special gifts like T-shirts, toys, jeans pants and other fancy items on the said occasion by Bal Sahyog. Bal Sahyog also provides opportunities to all children to enjoy the special occasions and all the moments of festivals.



CHAPTER 3 : Child and youth development programme at contact centres

Bal Sahyog makes constant efforts to strengthen its institutional approach and reach out to the community so that prevention and sustainable progress for growth & development of children is achieved through community awareness, strengthening and involvement. Bal Sahyog runs a number of programs towards empowerment of preschoolers and young children, adolescents, teenagers, youth and women by managing Balwadis for early childhood education, remedial classes for non-entrants and school dropouts, academic coaching classes to underprivileged students of Class IX to class XII for achieving excellence in education, vocational training in different trades, etc. These programmes have been carried out in 9 different slums of Delhi during the year in which around 357 young children, and 1611 teenagers, girls, women and youth were covered through these activities. Bal Sahyog is an accredited vocational training center of National Institute of Open Schooling (NIOS) and regularly conducts certificate courses in different trades for children, youth and women.

ACADEMIC TUITION TO UNDERPRIVILEGED MERITORIOUS CHILDREN SUPPORTED BY TECH MAHINDRA FOUNDATION

Bal Sahyog provided special tuition in English, Mathematics, Science, Physics, Chemistry, Biology, Economics and Accountancy to socially and economically deprived children in 9 different slums of Delhi and children from its own Children's Home at Connaught Place which is supported by Tech Mahindra Foundation. A total number of 75 underprivileged children studying in class IX to XII were provided with the coaching as per the details given below:



Table 8: Centre wise number of children provided coaching in academic subjects.

Sr. no.	Name of the center	Children enrolled	Male	Female
1	Bal Sahyog Home	40	40	-
3	Kotla	5	2	3
4	Karol Bagh	5	2	3
5	Paharganj	5	2	3
6	Wazirpur	5	1	4
7	Aashram	5	1	4
8	Dallupura	5	2	3
9	Rithala	5	-	5
Total		75	50	25



Table 9: Academic performance of the children taking academic tuition at contact centers and Bal Sahyog Home from class IXth-XIIth scoring above 65%.

Sr.no.	Center Name	Student Name	Percentage
1	Paharganj	Teena	76% (IX th)
2	Paharganj	Kusum	95% (IX th)
3	Paharganj	Richa	98% (IX th)
4	Kotla	Nayandeep	84% (X th)
5	Bal Sahyog	Ajay	79% (X th)
6	Ashram	Zainab	77.4% (X th)
7	Karol Bagh	Varun	76.6% (X th)
8	Bal Sahyog	Himanshu	76% (XI th)
9	Wazirpur	Kajal	92% (XII th)
10	Paharganj	Gaurav	92% (XII th)
11	Rithala	Varsha	87% (XII th)
12	Wazirpur	Zahida	87% (XII th)
13	Bal Sahyog	Rahul Kumar	84% (XII th)
14	Bal Sahyog	Vinay	77% (XII th)
15	Karol Bagh	Vibha	74.2% (XII th)
16	Ashram	Ishika Rana	74% (XII th)
17	Dallupura	Aakash Yadav	73.6% (XII th)
18	Dallupura	Ujjwal	73.2% (XII th)
19	Ashram	Shaifa	69.4% (XII th)
20	Kotla	Richa	67% (XII th)

The tuition program has helped the 75 students in achieving their dreams. The table below gives the detailed picture of the result of children who were provided academic support during 2018-19.



Table 10: Academic performance of children in class X and XII CBSE examination from Bal Sahyog Contact Centres and Bal Sahyog Home.

Class	No of children		Percentage of marks secured by children in the CBSE Exam.			
	Appeared	Pass	Below 70%	71% to 80%	81% to 90%	Above 90%
X	12	8	5	2	1	-
XII	10	10	-	7	1	2

VOCATIONAL TRAINING THROUGH NIOS

Bal Sahyog is an accredited vocational institute of NIOS and conducts courses of six months and one year duration for children, youth and women from different slums of Delhi. It is a recognized study centre for these courses and provides training to the students at its Connaught Place head office and Community Development Centers at 9 different slums of Delhi. The courses include certificate courses in library attendant, library science, beauty culture, cutting and tailoring, laundry services, housekeeping and computer applications, enrolling 166 people during the year 2018-19. The Table below presents the enrollment of children in NIOS in June and December 2018 Batches:

Table 11: Number of youth and women enrolled in NIOS center during 2018-19

Name of the trade	April 2018	March 2019	Total
Beauty Culture	30	31	61
Cutting & Tailoring	-	15	15
Computer Application	3	4	7
Certificate in library Science	61	18	79
Library Attendant	4	-	4
Total	98	68	166

VOCATIONAL TRAINING AND LIVELIHOOD PROGRAMME

Bal Sahyog has been conducting vocational training in 3 trades namely computer application, beauty culture and cutting and tailoring in all the contact centers, main campus and provide quality training, so those beneficiaries get gainful engagement either through their self-employment or their job placement. After successful completion of the said courses, more than 10% trainees have been placed in big tailoring shops, boutique centers, beauty parlors, shopping malls, hotels and out sourcing agencies of different corporate.

Many children have started their own ventures like tailoring shops, parlors and computer academies either on their own or in groups. Bal Sahyog is also making efforts in their placement for suitable jobs as well as providing higher skill training through professional training centers of UNNATI and other CSR groups.



Table 12: Number of persons provided Vocational Training

Sr. No	Center name	Activities	No. of persons provided training	Male	Female	No. of trainees self employed	No. of trainees placed	Name of Support Agency
1	Bal Sahyog campus	Computer Application	92	47	45	12	6	Bal Sahyog
		Certificate in Library Science	79	42	37			
		Library Attendant	4	4	-			
2	Paharganj	Beauty Culture	55	-	55	-	-	Bal Sahyog
		Cutting & Tailoring	45	-	45	-	-	
		Computer Application	62	34	28	-	-	
3	Ashram	Beauty Culture	78	-	78	15	6	ESSEL
		Cutting & Tailoring	55	-	55	28	-	
		Computer Application	49	20	29	-	13	
4	Inderpuri	Beauty Culture	57	-	57	25	20	Bal Sahyog
		Computer Application	61	30	31	10	16	

5		Cutting & Tailoring	58	-	58	25	5	
	Wazirpur	Beauty Culture	54	-	54	20	10	Bal Sahyog
		Cutting & Tailoring	55	-	55	40	3	
		Computer Application	51	15	36	20	15	
6	Kotla	Beauty Culture	62	-	62	22	25	Bal Sahyog
		Cutting & Tailoring	74	-	74	30	10	
7	Naharpur	Beauty Culture	38	-	38	-	-	Bal Sahyog
		Cutting & Tailoring	46	-	46	-	-	
8	Rithala	Beauty Culture	47	-	47	-	-	Bal Sahyog
		Cutting & Tailoring	43	-	43	-	-	

9	Bal Sahyog Campus	Beauty Culture	46	-	46	18	7	ESSEL
10	Dallu Pura	Beauty Culture	107	-	107	36	-	ESSEL
		Cutting & Tailoring	67	-	67	24	-	
		Computer Application	46	22	24	9	9	
11	Karol Bagh	Beauty Culture	100	-	100	14	9	ESSEL
		Cutting & Tailoring	80	-	80	36	-	
Total			1611	214	1397	384	154	

Bal Sahyog received financial support from ESSEL Social Welfare Foundation. A total of 1661 children have received vocational training out of which 384 got self-employed and 154 got placed in jobs. The table above gives the details.

NUTRITIONAL AND EDUCATIONAL SUPPORT TO YOUNG CHILDREN.

The programme is designed to empower all preschoolers, young non entrants and school dropout children to serve their educational needs along with nutritional needs in 6 Balwadis classes run by it in slums of Delhi covering 357 children. These children were provided with teaching learning materials and equipments. Further daily food including, chaywanprash, biscuits, Khichri, curd etc. were provided to these children every day to improve their nutritional status.



Table 13: Project wise coverage of children through Early Childhood Education (Balwadis) at 6 different Community Contact Centres of Bal Sahyog.

Sr. No.	Center name	Name of the activities	Total no. of children enrolled	Boys	Girls	Number of children mainstreamed	Name of Support Agency
1	Kotla	Balwadi	31	12	19	30	Bal Sahyog
2	Wazirpur	Balwadi	61	28	33	60	
3	Naharpur	Balwadi	52	24	28	45	
4	Rithala	Balwadi	122	60	62	115	
6	Dallu Pura	Balwadi	43	22	21	43	ESSEL Social Welfare Foundation
7	Karol Bagh	Balwadi	48	18	30	48	
Total			357	164	193	341	

It is pertinent to mention that this initiative has saved the childhood of many children from poor and underprivileged section of the society. Remedial classes all children who were either school dropouts or non-entrants in the age group of 8 to 12 years were provided with condensed education and admitted in the nearby government school as per their age.

After admission, these children were provided Remedial Education and given hand holding. So, that they do not drop out again.

AWARENESS CAMP ON HEALTH & HYGIENE AT CONTACT CENTER

Bal Sahyog has given emphasis on health and hygiene of its community beneficiaries and undertakes regular awareness education for the same. It has regularly organized health camps and awareness sessions in the centers for children as well as the community members.

CHAPTER 4 : OBSERVATION OF NATIONAL/INTERNATIONAL DAYS

Festivals are a great way to renew and refresh children's mind. The aim of observation of festivals in Bal Sahyog is to make the children learn to honor rituals of different religions and develop respect and tolerance for other religions. It also helps children to break the monotony of life. To spread love and happiness among children, different festivals like Diwali, Holi, Lohri, Eid etc. were celebrated in the premises during the year 2018-19.

RAKSHA BANDHAN AND EID MELA AT BAL SAHYOG



Raksha Bandhan and Eid Mela at Bal Sahyog

JANMASHTAMI CELEBRATION ON 2ND SEPTEMBER, 2018

Children of Bal Sahyog celebrated Janmashtami on 2nd September, 2018 with full enthusiasm at campus of Bal Sahyog at night.



Children of BalSahyog Celebrating Krishna Janmashtami

DIWALI MELA ON 3RD NOV, 2018

On 3rd November 2018, Bal Sahyog celebrated Diwali Mela, The Mela was inaugurated by honorable Chief guests:-

Mr. Mohammad Salam Khan (CWC Chairperson), Dr. S.R Sharma (CWC Chairperson), Dr.K.C Vermani (CWC Chairperson), DCPO Members, Ms. Bhanu, Ms. Priya, Mr. Vivek Pandey (Child Line Coordinator). Also the Executives from the management team of Bal Sahyog -- Dr. A. K Gopal and Dr. Shashi Prabha Gupta showed their affection by attending the program.

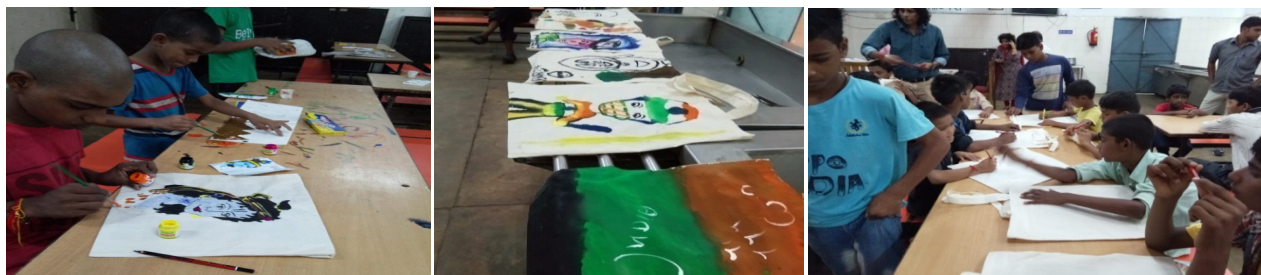
The Diwali celebration commenced with a special assembly after which the program started wherein there were various dance performances, motivational plays like an act on Beti Bachao Beti Padhao, commemorating life of lord Gautam Buddha, an act by Soonya Group, Singing Performances, Rangoli Making Competition and Painting Competition. The Bal Sahyog children has exhibit their handmade products like Bags, Kurtis, painted Diyas, Bracelets, Cards, Painting and Drawings were put up on stalls to let the people go on a little shopping spree. There were various games conducted by the children of Bal Sahyog which attracted the attention of all the guests in which they actively participated for encouraging children's enthusiasm.

After the outstanding talent exposure of the children, Bal Sahyog celebrated birthday of all the children born in the month of November. The programme was wrapped by distributing gifts to the children who had their birthdays in the month and the chief guests motivated all the children. Indeed once again in the form of Diwali Mela (festival of light), Bal Sahyog attempted to show how it enlightens the lives of children to overcome the darkness.



CHILDREN'S DAY CELEBRATION ON 14TH NOVEMBER, 2018

On 14th November, 2018, Children's day was celebrated in collaboration with Reliance Mutual Fund in the campus of Bal Sahyog. Different activities were conducted which includes drawing, singing and dancing competition followed by games and magic show. Gifts were distributed to the children. Special lunch was provided to all the children of Bal Sahyog.



LOHRI AND MAKAR SANKRANTI CELEBRATION ON 13TH JANUARY, 2019

Lohri was celebrated at Bal Sahyog campus on 13th Jan 2019 in the presence of Executive Director, Superintendent and other staffs. The next day on 14th January children also celebrated Makar Sankranti with full enthusiasm. Children enjoyed the day by flying kites and food items like popcorn, sweets etc were distributed to all the children.



CELEBRATION OF REPUBLIC DAY ON 25TH JANUARY 2019

On 25th January 2019, Bal Sahyog has celebrated 70th Republic Day in the premises of Bal Sahyog. Our National Flag was hoisted by our Chief Guest Md. Salaam Khan (CWC Chairperson) and The Executive Director (Bal Sahyog). Cultural programme was held in the Dining Hall. Children performed in different activities like delivering speech, singing, dancing etc. After the cultural program refreshments were distributed to all the children and staff members.



INTERNATIONAL WOMEN'S DAY 8TH MARCH, 2019

On 8th March 2019, Bal Sahyog celebrated International Women's Day. Hon'ble Chair Person of Bal Sahyog Mrs. Reva Nayyar was present on this occasion.



HOLI MELA ON 16TH MARCH 2019

Holi is known as the festival of colours, which bursts with happiness and people celebrate it by playing with colours. This year on 16th March 2019, Bal Sahyog organized a Holi Mela for all the children and staff of the 9 centres of Bal Sahyog. Children enjoyed the festival with the mouth watering holi special dishes like gujiya, sweets, etc. followed by special meal.



OTHER IMPORTANT ACTIVITIES CONDUCTED IN BAL SAHYOG

CHILDREN VISITED AT TCS, PTI OFFICE ON 16TH MAY, 2018

Around 30 Children Visited at TCS, PTI office on 16th May, 2018 to share their happiness on the occasion of Golden Jubilee celebration of their company.

VISIT BY NIELSEN ON GLOBAL IMPACT DAY (NGID) TO BAL SAHYOG

Around 55 members visited on 21st June, 2018 from Nielsen, they organized activities like Context Setting, Three Legged Race/Musical Chairs, Magic Show, Yoga Workshop, Zumba Class and also made arrangement for special lunch for all children.



Bal Sahyog children enjoying different activities

CRICKET MATCH BY TCS COMPANY ON 21ST AUGUST, 2018

TCS, organized the Cricket match for the Kids of Bal Sahyog with the aim to instill the sense of team work among the kids and also make them understand the importance of fitness through Games.



Cricket match organized by TCS Company

QUIZ AND ART COMPETITION BY TCS ON 19TH SEPTEMBER, 2018

Quiz and Art competition was organized by the TCS (Tata Consultancy Services) on Save the Rivers and Save Earth on 19th September, 2018 to enhance creativity of children.



Children of Bal Sahyog taking part in Quiz and Art Competition on the topic "Save Save Rivers and Save Earth"

EYE CHECK UP CAMP ON 18TH SEPTEMBER, 2018

Eye check up camp was supported by Advcote Sunil Goyal. In this Eye check up camp around 27 children were checked by Dr. Y.P. Singh at Bal Sahyog campus out of 27 children 11 children sent to their clinic for further eye treatment which were also given free spectacles.



Eye Checkup of Children of Bal Sahyog

DENTAL CHECK UP BY CLOVE DENTAL, NEW DELHI ON 29TH OCT, 2018

On 29th October 2018, a Dental screening camp was organized by Dr. Ekta Choudhary from Clove. A total of 70 children were screened.



CERTIFICATE DISTRIBUTION PROGRAM AT DIFFERENT CONTACT CENTERS

On 30th and 31st Oct 2018 certificate distribution program was conducted at Dallupura, Karol Bagh, Aashram, Rithala, Naharpur and Paharganj Contact Centers for distributing certificates to vocational trainees. Mr. Siddharth Kashyap (Executive Director), Mrs. Ranjana Narayan (Social Welfare Officer), Mrs. Madhu Srivastava (Program Manager) distributed certificates to the beneficiaries.



FOUNDATION DAY CELEBRATION ON 19TH NOV 2018

On 19th November 2018, Bal Sahyog has organized a program to celebrate 64th Foundation day cum birthday celebration of Late. Smt. Indira Gandhi, Founder of Bal Sahyog. Along with staff, teachers and children paid floral tribute to the statue of Late Prime Minister. Sports competition was organized in the premises of Bal Sahyog, where children had participated in different games like Kabaddi, and 100 mtr. Race etc. Before winding up the program, prizes were distributed to the children who won the competition. Special lunch was provided for all the children.



OLD AGE HOME VISIT

Old age homes signify the roof over head of aged person who are sick, destitute and abandoned by their family. Non-families intergenerational interaction between older and younger ones simply conveys the idea that together they bring new energies, enthusiasm and knowledge to each other's lives. Together they develop bond of friendship, increase the self esteem and sharing about each other's lives. While talking and doing some

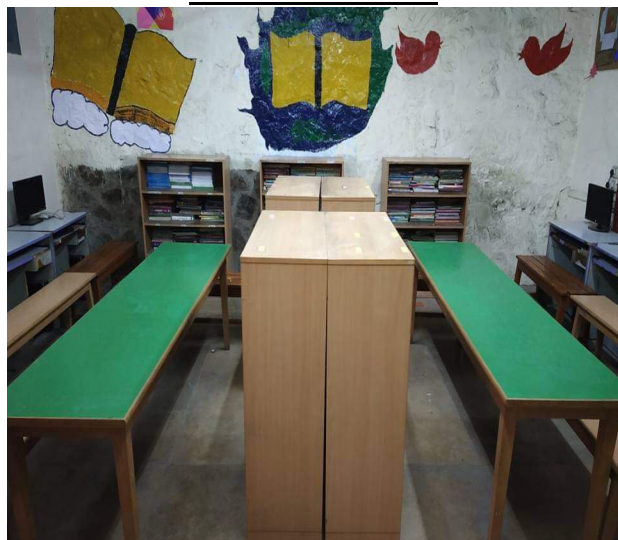
activity they promote laughter. Children's visits to old age homes is a fantastic way to promote children's physical, psychological, and socio emotional development in a positive and healthy direction.



CONTRIBUTION BY BANK OF BARODA

The Bank of Baroda has upgraded Bal Sahyog library and computer center in the Middle School as part of their CSR activities. They have also donated undergarments, shoes, slippers, iron cupboard, split AC, 5 computers and 4 benches for the children of Bal Sahyog.

Before Renovation



After Renovation By Bank of Baroda



GLOBE CAPITALS FINANCIAL

Renovation work of toilets and bathing rooms for Boys in Bal Sahyog as CSR activities by M/S Globe Capitals Financial.

VISIT OF CISF OFFICERS ON 22ND NOV 2018

Senior official of CISF visited Bal Sahyog campus with their unit and distributed blankets and eatables to Children of Bal Sahyog.



VISIT TO DELHI PUBLIC SCHOOL (DPS) BY CHILDREN OF BAL SAHYOG ON 24TH NOV 2018

Bal Sahyog Children visited DPS public school Greater Noida on the Annual Day Function of DPS.



MIZUHO BANK CONTRIBUTION

Mizuho Bank Ltd. is the integrated retail and corporate banking unit of Mizuho Financial Group. Representatives of Mizuho Bank visited Bal Sahyog campus on 7th Dec 2018 and provided Special Meal, Music System and Sweaters to the children of Bal Sahyog.



SPECIAL LUNCHES BY MR. STEVE SPIELVOGEL

Mr. Steve Spielvogel continued his support for nutrition for the year 2018-19, in loving memory of his grandmother. On every 3rd of the month special meal is provided to the children with financial support provided by him.



BAL SAHYOG STALL AT TRADE FARE

In the year 2018 children of Bal Sahyog got an opportunity to showcase their art on an international platform at Pragati Maidan in Trade Fare.



VISIT OF MR. ROBIN SHARMA

Mr. Robin Sharma, one of the top leadership experts in the world and a well known author visited Bal Sahyog on 10th Feb 2019. He met and interacted with the children of Bal Sahyog. Mr. Robin Sharma showed his generousness towards Bal Sahyog by spending his precious time with children and by donating \$5000 Canadian Dollars for the care and protection of destitute children. Mr. Sanjai Kumar Shrivastava (Executive Committee,

Member), Mr. Siddharth Kashyap (Executive Director) were also present on this occasion. Mr. Robin Sharma's visit to Bal Sahyog left an indelible mark in the memory of each of us.



ORGANIC FERTILIZER PLANT

Our Organic Fertilizer plant is a great success. Wastes from our kitchen, nearby Restaurants and leaves of plants and trees from the campus of Bal Sahyog are collected on daily basis and treated for getting the wastes converted into Organic Fertilizer. We are able to produce 5 quintals of Fertilizer in a month. Total 6000 kilos of Organic Khad produced and marketed By Bal Sahyog. The income from this source is added to the donations and in 2018-2019. We are now marketing to Trade Fair Authority, Private Schools and Farm Houses including individuals.



CHAPTER 5 : Some case studies of children and young women from Bal Sahyog

1. **Shalu:** Ms. Shalu came to Bal Sahyog Karol Bagh Centre Six months ago. Her father has a private job. They are living in Karol Bagh in a rented accommodation. His salary is INR. 5000/- monthly. The Socio- economic condition of the family was not good. This was making her feel very depressed. She wanted to become a helping hand for her father. Then she joined Beauty Culture course. After completion of the course she got a job in a local parlor in Pandav Nagar on monthly salary of INR. 3500/-. Now she is happy and able to somehow assist his father in fulfilling the financial needs of her family.



2. **Gitesh:** Gitesh joined Balwadi class at Dallupura centre in the month of April 2018. He was four years old at the time and was severely malnutrition. He has a family of four members, including one of elder brother who is handicapped, father who is labourer and mother who is also handicapped and working to support the family. Bal Sahyog provided him with a balanced diet which helped improve his health. At first he was irregular in class but gradually he became regular and punctual. Initially he was weak in reading writing and was also not able to speak clearly. Balwadi instructor spent a lot of time with the boy to make him write in work book. Now he has picked up momentum and has started writing very neatly and clearly. His mental and physical ability improve now his parents are so happy that they have admitted him in to a nearby M.C.D School.



3. **Aysha:** Aysha has a family of three members including her son and her husband who is handicapped. Her husband works as tailor, earning INR.8000/- per month which was not enough to fulfill the basic needs of the family so she pledged to control the situation. She joined 6 months course in cutting and tailoring vocational training course in Dallupura She has opened her own boutique and she is earning INR. 4000/- to 5000/- monthly.



4. **Seema Singh:** Seema Singh is 31 year old lady stays with her husband in a rented house. She is from U.P, she has three children. Earlier the financial condition of her family was worse. During survey, instructor met her and convinced her to learn stitching at the Naharpur centre. Accordingly she took admission in the center, she learnt the course very diligently. She observed everything minutely, learnt a lot of things in the short duration. While learning at the centre, she started taking orders from the neighborhood areas. She earns INR. 4000/- to 5000/- per month.



5. **Suman:** The socio-economic condition of family was not good. There are six members in her family including her parents. This family originally belongs to U.P. her parents came here for job. Her father is a contract labourer, does not have any fixed job. Her mother works as a cleaning staff. Suman was very dedicated to learn a vocational course, so that one day she can be an earning hand for the family. Due to her immense interest she took admission in the centre in cutting and tailoring course and completed the course successfully. Now she earns INR. 3000/- to 4000/-monthly.



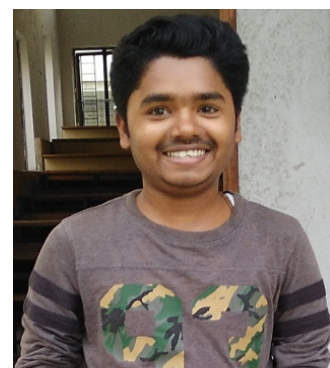
6. **Sonu Jha:** Sonu belongs to Bihar. Child has suffered a lot of trauma due to dispute in his family. Parents live separated since his childhood. In the year 2016 mother came to Delhi along with him and his younger brother and start begging to earn bread and butter. Then both the brothers were transferred to BAL Sahyog Home for long term care and protection. He was hard working boy. In his 10th board exam he took good marks and got opportunity to take admission in commerce stream from Mata Sundari School. Sonu is diagnosed with hearing disability 100% despite of it he has proved himself. He is good in Kabadi and won uncountable certificate. Sonu has completed his 18 years on 08/05/2019. At present he is getting financial support from Make Difference Organization (MAD).



7. **Vinay:** Vinay is from a family of 3. He lost his father in childhood. His mother has raised him and his younger brother with a great difficulty as she works as a household worker. He was brilliant child of Bal Sahyog, Now he is pursuing Bachelor in vocational of tourism and hospitality from Ambedkar college. He is getting financial support from Make Difference Organization (MAD).



8. **Shrawan:** Shrawan is pursuing Graduation from Saheed Bhagat Singh Collage, Delhi University. He is intelligent as well as hard working boy. Shrawan is also working part time at Bal Sahyog, as an Asst. to Computer Instructor. He stayed in Bal Sahyog Home for long time, till the age of 18, at present he is living with his family. His family stays in Vasundhara Enclave, Delhi. His younger brother Rajesh lives in Bal Sahyog Home and studies in class 10th. His mother is housewife and father works as a wall painter. Shrawan is a goal oriented child he wants to study further.





**PINTO M. P.
& ASSOCIATES**

CHARTERED ACCOUNTANTS

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**AUDITOR'S REPORT TO THE MEMBERS OF THE GOVERNING
BODY OF BAL SAHYOG**

We have audited the attached Balance Sheet of **BAL SAHYOG, Opposite 'L' Block, Connaught Circus, New Delhi** as at 31st March, 2019 and the Income and Expenditure Account together with the Receipts and Payments Accounts, for the year ended on that date annexed thereto. These financial statements are the responsibility of the management of Bal Sahyog. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with auditing standards generally accepted in India. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management as well as evaluating the overall financial statements presentation. We believe that our audit provides reasonable basis for our opinion.

We report that:-

- A. We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purpose of our audit.
- B. In our opinion proper books of accounts have been kept by the Society so far as appears from our examination of the books.
- C. The Balance Sheet, the Income and Expenditure Account and Receipts and Payments Account dealt with by this Report are in agreement with the Books of Account.
- D. In our opinion and to the best of our information and according to explanations given to us, the accounts, read with the notes appearing thereon or attached thereto give a true and fair view:-
 - i. In the case of the Balance Sheet, of the state of affairs of the Society as at 31st March, 2019
 - ii. In the case of the Income and Expenditure of ~~Deficit~~ /Surplus for the year ended on that date.
 - iii. In the case of the Receipts and Payments Accounts of the receipts and payments for the period 1st April, 2018 to 31st March, 2019.

For Pinto M.P. & Associates,
Chartered Accountants,
Firm Regn./No. 006002N

(**Martin P. Pinto F.C.A.**)
Membership No. 085006

24 SEP 2019



BAL SAHYOG
OPPOSITE 'L' BLOCK, CONNAUGHT CIRCUS, NEW DELHI
CONSOLIDATED BALANCE SHEET AS ON 31 MARCH, 2019

(In Rs.)

LAIBILITIES	Sch. No.	AMOUNT		ASSETS	Sch. No.	AMOUNT	
Capital Fund	L		3,42,53,375.92	Fixed Assets for Specific Fund			
Building Fund				Opening Balance		28,79,122.16	
Opening Balance		1,08,19,260.00		Add: Addition during the year		1,30,520.00	
Add: Transfer from current year Profit		-	1,08,19,260.00	Less: Deletion during the Year		-	
				Less: Depreciation for the year	E	4,10,318.82	25,99,323.34
Fixed Assets held against Grant				Fixed Assets			
Opening Balance		28,79,522.16		Opening Balance		17,62,174.06	
Add: Addition during the year		1,30,520.00		Add: Addition during the year		5,63,683.09	
Less: Deletion		-		Less: Deletion during the Year		16,000.00	
Less: Depreciation for the year	E	4,10,318.82	25,99,723.34	Less: Depreciation for the year	E	3,38,012.30	19,71,844.85
Loan (Liability)	A	50,86,215.62	50,86,215.62	Current Assets and Loans & Advances			
Current Liabilities				Cash at Bank	F	34,17,912.69	
Sundry Creditors	B	13,01,850.00		Investments	G	3,52,00,000.00	
FDR from SKY Media as Security		27,88,500.00		Loans & Advances	H	1,05,49,790.00	
EMD From Sky Media for Hoarding		7,500.00		TDS Receivable	I	13,89,614.50	
Expenses Payable	C	15,03,415.50		Security Deposit	J	78,354.00	
Security Received	D	25,000.00	56,26,265.50	Prepaid Expenses	K	1,15,441.00	
				FDR from SKY Media as Security		27,88,500.00	
				Accrual Interest		2,66,472.00	
				Middle School Assets		7,588.00	5,38,13,672.19
Total Rs.		5,83,84,840.38		Total Rs.		5,83,84,840.38	

(0.00)

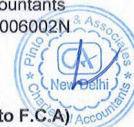
(EXECUTIVE DIRECTOR)

(TREASURER)

(CHAIRPERSON)

(GENERAL SECRETARY)

As per our report of even date.
For Pinto M.P. & Associates
Chartered Accountants
Firm Reg. No. 006002N



(Martin P. Pinto F.C.A.)
Membership No. 085006

24 SEP 2019



BAL SAHYOG
Consolidated Income & Expenditure A/c
For the year ended on 31.03.2019

(In Rs.)

Particulars	Sch.No.	Amount	Particulars	Sch.No.	Amount
<u>Amount of Expenditure as per separate Income and Expenditure A/c Attached</u>			<u>Amount of Income as per separate Income and Expenditure A/c Attached</u>		
Administration Expenditure	A	2,47,65,456.60	Administration Income	A	2,73,38,476.89
Open Shelter Expenditure	D	24,52,645.10	Open Shelter Income	D	17,71,201.00
Tech Mahindra Expenditure	E	6,22,367.00	Tech Mahindra Income	E	6,44,000.00
Essel Foundation Expenditure	F	29,91,654.00	Essel Foundation Income	F	30,50,209.00
FCRA	G	2,75,587.00	FCRA	G	5,57,651.00
Excess of Income Over Expenditure		22,53,828.19			
Total Rs.		3,33,61,537.89	Total Rs.		3,33,61,537.89

As per our report of even date.
For Pinto M.P. & Associates
Chartered Accountants
Firm Reg. No. 006002N



(Martin P. Pinto F.C.A.)
Membership No. 085006

24 SEP 2019

(EXECUTIVE DIRECTOR)

(TREASURER)

(CHAIRPERSON)

(GENERAL SECRETARY)

Table 14 : List of CSR/PSU Donors

S. No.	List of CSR/PSU Donors Sponsoring Projects.	Logo of the Sponsors	Title of the Projects and components covered for support
1	Department of Women & Child Development		DWCD has been supporting the Children's Home (Open Shelter and Shelter Home) for care and protection of children under ICPS of Govt. of India.
2	Essel Social Welfare Foundation		ESSEL Foundation has been supporting our project on "Education, Nutrition, and Vocational training to underprivileged children, youth and women" at Dallupura, Karol Bagh, Ashram and Bal Sahyog of Delhi.
Corporates, Public Sectors and Government Departments who have supported projects for the children, youth and women at Contact Centres of Bal Sahyog as well as vulnerable children in Bal Sahyog Children's Home during the year 2018 – 19			

Table 15 : Names of Civil Society Organizations, Corporate and Institutions who have supported in kind and cash for Bal Sahyog Children's Home during the year April 2018 to March 2019.

S.N.	List of Corporate Donors	S.N.	List of Corporate Donors	S.N.	List of Corporate Donors
1.	SANGRI-LA-HOTEL	9.	BALAJI PRINTING SOLUTION	17.	BSL GROUP INDIA PVT.LTD.
2.	NEETAZEN PHARMACEUTICALS	10.	BRAND HAWLEER'S SERVICES PVT.LTD.	18.	SUCHITRA MITRA MURILIDHAR BALIKA TRUST
3.	SITARAM JINDAL FOUNDATION	11.	MAKE A DIFFERENCE	19.	NIELSEN INDIA PVT. LTD.
4.	MIZUHO BANK LTD.	12.	KANIKA INVESTMENT LTD.	20.	LOMMERCE FOR HUMANITY CHARITABLE FOUNDATION
5.	RELIANCE NIPPON LIFE ASSET. MANAGEMENT LTD.	13.	SRP GLOBAL	21.	DMK HEAD OFFICE
6.	1958 HOTELS PVT. LTD.	14.	TECH MAHINDRA FOUNDATION	22.	BANK OF BARODA
7.	GLOBE CAPITAL	15.	RAJIV GANDHI FOUNDATION	23.	NODIA LOK MANCH
8.	AADHYA FOUNDATION	16.	HUDCO	24.	YUVA EKTA FOUNDATION

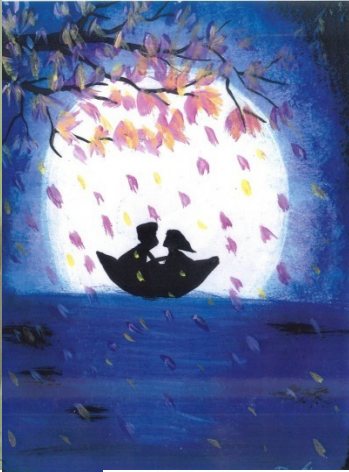
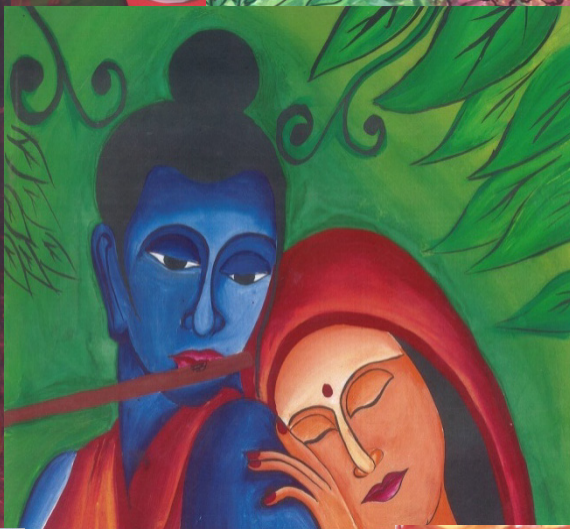
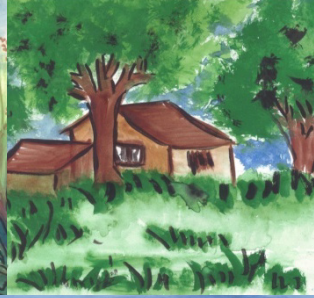
Table 16: List of Individual Donors who have supported Bal Sahyog during the year April 2018 to March 2019

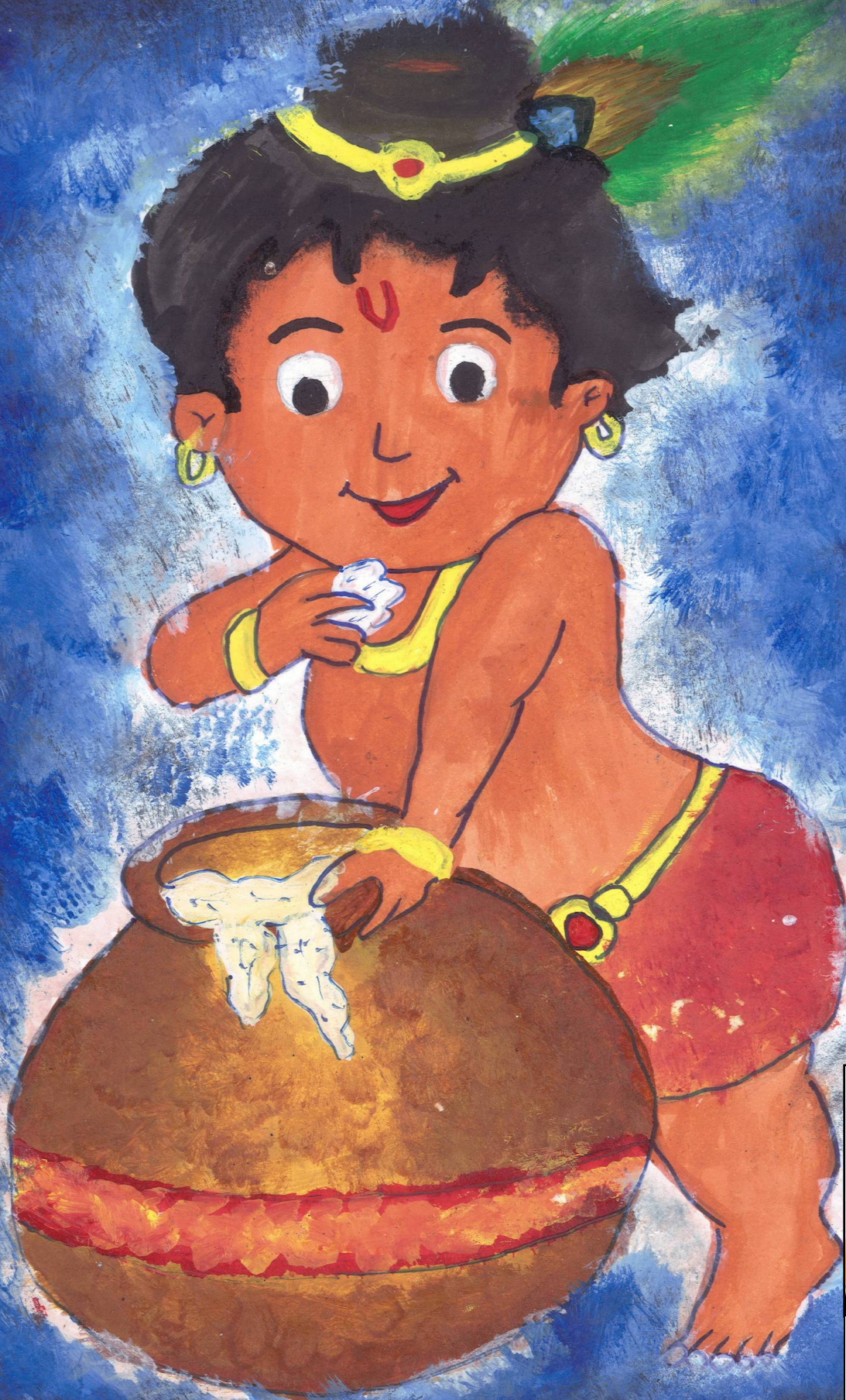
S.N	Name	S.N	Name	S.N	Name	S.N	Name
1.	STEVE SPIELVOGEL	18.	MANU	35.	NITISH KUMAR	52.	DUSHYANT GUPTA
2.	ROHIT JAIN	19.	ANTRIKSH VARSHNEY	36.	RISHI SRIVASTAVA	53.	ANITA BIMAL
3.	USHA	20.	ALOK B.SHRIRAM	37.	SHAKTI SHARMA	54.	KOMAL SEWNATH
4.	SARASWATI PANWAR	21.	UJJWAL KUMAR	38.	AYUSH DESHPANDE	55.	RAJNISH BAHAL
5.	HARSH KUMAR	22.	PRASHANT TYAGI	39.	SHUSHIL CHAUDHARY	56.	ALOK KAPOOR
6.	RASLEEN GROVER	23.	SANTOSH DEVI KASLIWAL	40.	SONAL SAHAY	57.	KAVITA GANGWAR
7.	BHASKAR	24.	RAGINI BHARDWAJ	41.	SHIVANAND RAJA	58.	PHUNTSOG DALMA Trust
8.	ROHIT GARG	25.	RAHUL RAWEL	42.	DEVANG GUPTA	59.	BIMLA ANITAH
9.	RAKESH MAKAR	26.	S.K. JAIN	43.	NITYA	60.	RAMESH KHANNA
10.	NEHA AGGARWAL AND AYUSH AGGARWAL	27.	VANITA MANASHREE	44.	SEEMA SAXENA	61.	LOVELY CHANDELA
11.	JATIN	28.	RATAN LAL GARG	45.	NEERA NAGPAL	62.	RENUKA DATTA
12.	YUGAL RAWAT	29.	ROHIT ARORA	46.	VINOD JAIN.	63.	AMAN
13.	ARJUN ADYA	30.	P L BAJAJ	47.	ANKIT BANSAL	64.	NEHA CHAWLA
14.	SUNIL KUMAR SINGH	31.	ARSHPREET SINGH	48.	RAJESH KUMAR SRIVASTAVA	65.	SURBHI
15.	N.J. SAHAY	32.	MADHU SRIVASTAVA	49.	MAYANK RAJPAL	66.	GYANESHWAR NARAYAN
16.	ASHUTOSH PRABHAT	33.	DR. YOGINDER SHARMA	50.	UDAYAN SHARMA	67.	SITARAM JINDAL FOUNDATION
17.	RAJAT SINGH	34.	RAJIV GANDHI	51.	JYOTI	68.	ANJALIN TYAGI

69.	REVA NAYYAR	87.	MALA DUTT	105.	NAMRATA JAIN	123.	MANISHA VERMA
70.	AKHILESH AND ANAND JAIN	88.	MEHUL ANAND	106.	SONIA BHATTACHARJEE	124.	SUNITA ARYA
71.	ISHA SHARMA	89.	PRAMILA SABTI	107.	REJUVEA	125.	BHAGWATI DEVI
72.	ANUPAM KAPOOR	90.	GUMANMALJI JIVRAJI MEHTA	108.	BHANU	126.	DR. HARSHITA SINGH
73.	SACHIN GUPTA	91.	ANKIT BHATNAGAR	109.	PRIYANSHI SHARMA	127.	VEVEK VARSHNEY
74.	REYANSH NAGPAL	92.	DR. SHUSHIL	110.	DR. KISHORE KUMAR SETHI	128.	SAURYA
75.	JISHNU	93.	SHAGUN MEHRA	111.	KUNAL SETHI	129.	ARISHA JAIN
76.	GYAN SHARMA	94.	SHIVANSH	112.	PRINCE	130.	SUSHIL MEHRA
77.	KAVITA SETIA	95.	JITENDRA BABERJA	123.	SHASHI PRABHA GUPTA	131.	SHITIJ GOYAL
78.	HARSHIT SHARMA	96.	ANAND JAIN	124.	PREETI RATHI	132.	SHAURYA
79.	NEERGA SINGH	97.	KOMAL GUPTA	125.	URMILA PANDEY	133.	HEMANT
80.	NISHANT PURI	98.	PRIEKSHA GUPTA	126.	VIVEK VARSHNEY	134.	SALLY DARK
81.	SAKSHI MOHA	99.	VISHU KAPOOR	127.	DEEPIKA	135.	DR. DEEPA PANDEY
82.	PAYAL SINGHANIA	100 .	VIJAY RAAJ	128.	RAJENDRA KUMAR GOEL	136.	ASHOK KUMAR
83.	SONAL TIWARI	101 .	RAHUL SABHARWAL	129.	UTKARSH	137.	SAMYA GUPTA ARORA
84.	SIDDHARTH KASHYAP	102 .	SUNIL BANGA	120.	SUBHA RANJAN	138.	DR. S.N. GUPTA
85.	MUKESH PATRI	103 .	JAYASHREE RAI	121.	JIWAN CHAND GOYAL	139.	RUCHIKA CHAWLA
86.	JAGADHA SIVAN	104 .	NEEL	122.	LT. RAJAN SETHI		

Table 17: List of General Committee Members

S. N	Name	Designation	S. N	Name	Designation
1.	Smt. Reva Nayyar (Retd. IAS.)	Chairperson	15.	Joint Secretary (SE-II), Ministry of Human Resource Development GoI	Member
2.	Sh. Harsh Mander (Retd. IAS.)	Member	16.	Joint Secretary (Sports), Ministry of Youth Affairs & Sports, GoI	Member
3.	Smt. Sunita Bhasin, Director, SSMI	Treasurer	17.	Joint Secretary (NYKS/Dev.), Ministry of Youth Affairs & Sports, GoI	Member
4.	Dr. Uma Tuli	Member	18.	Joint Secretary, Ministry of Labour & Employment, GoI	Member
5.	Ms. Razia Sultan Ismail	Member	19.	Joint Secretary (Rural Livelihood) Ministry of Rural Development, GoI	Member
6.	Dr. Arun Kumar Gopal	General Secretary	20.	Mr. Chaman Kumar (Retd. IAS.)	Member
7.	Dr. Jyotsna Chatterji	Member	21.	Dr. Manjula Chakarvarty	Member
8.	Sh. Romesh Bhattacharji	Member	22.	Dr. Adarsh Sharma	Member
9.	Sh. Sanjai Kumar Srivastava	Member	23.	Sh. Sunder Lal	Member
10.	Dr. Yogender Pal Anand	Member	24.	Sh. M.S. Negi	Member
11.	Dr. Shashi Prabha Gupta	Member	25.	Dr. U. N. B. Rao, (Retd. IPS)	Member
12.	Chief Secretary, Govt. of NCT of Delhi	Member	26.	Dr. D.K. Bhalla, (Retd. IAS.)	Member
13.	Joint Secretary, Ministry of Social Justice & Empowerment, GoI	Member	27.	Sh. Gautam Vohra	Member
14.	Joint Secretary(L&W), Ministry of Urban Development, GoI	Member	28.	Sh. Siddharth Kashyap, Executive Director, Bal Sahyog	Member Secretary





Sheetal
(Class IX)

Please contact, Executive Director (+91-7087460005) / Mr. Bansi Lal Meena, Superintendent (+91-8287490334) Bal Sahyog, Opp. L Block, Connaught Place, New Delhi-110001, Ph: 011-23411273/995.
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